

## Laurel House Prevention Education Programming



Laurel House (LH) prevention education for students is typically delivered during Health or Family and Consumer Science classes. We can accommodate scheduling, audience size, and topic delivered upon request. For the greatest benefit, it is suggested that students receive programs ongoing throughout academic development.

### Friendship Fundamentals

*Recommended audience: 6<sup>th</sup> through 8<sup>th</sup> grade*

General goals upon completion of the program:

*Students will be able to-*

1. **Create a framework for maintaining healthy friendships** (to include a discussion on the importance of boundaries).
2. **Differentiate between healthy and unhealthy relationships** (identifying and defining the various forms of dating violence and abuse).
3. **Develop ways to set boundaries within relationships**
4. **Develop bystander intervention strategies** to help a friend
5. **Respond appropriately in conflict-resolution scenarios**
6. **Identify resources, organizations, and people that students can turn to for help in a dating abuse situation**

### Healthy Relationships

*Recommended audience: 9<sup>th</sup> through 12<sup>th</sup> grade*

General goals upon completion of the program:

*Students will be able to-*

1. **Create a framework for building healthy relationships** in the future (to include a discussion on the importance of boundaries).
2. **Differentiate between healthy, unhealthy, and abusive relationships** (defining the various forms of dating violence and abuse).
3. **Recognize, prevent, and safely end abusive relationships.**
4. **Recognize warning signs and patterns/stages of abusive relationships.**
5. **Develop bystander intervention strategies** to help a friend
6. **Respond appropriately in conflict-resolution scenarios**
7. **Respond appropriately to a friend who may be an abuser.**
7. **Identify resources, organizations, and people that students can turn to for help in a dating abuse situation**

Laurel House (LH) prevention education for educators and staff is typically delivered during a teacher in-service or ACT 80 day. We can accommodate scheduling, audience size, and topic delivered upon request. For the greatest benefit, it is suggested that educators receive training during the start of a new academic calendar year or new academic semester.

### Identifying Domestic Abuse in the Classroom

*Recommended audience: Educators*

General goals upon completion of the program:

*Educators will be able to—*

1. **Differentiate between healthy, unhealthy, and abusive relationships** (defining the various forms of dating violence and abuse).
2. **Critically understand how adverse childhood experiences have impacts throughout the lifespan**
3. **Recognize and help students and parents safely leave an abusive relationship**
4. **Recognize warning signs and patterns/stages of abusive relationships**
5. **Develop bystander intervention strategies** to help a student or parent
6. **Respond appropriately to a student or parent who may be an abuser**
7. **Develop skills to incorporate healthy relationship lessons into daily curriculum**
8. **Identify resources, organizations, and people that educators and students can turn to for help in a dating abuse situation**

### **Coaching Boys Into Men**

*Recommended audience: Coaches, Athletic Directors, other athletic support staff*

General goals upon completion of the program:

*Coaches will be able to—*

1. **Utilize unique coaching style to emphasize key messaging around healthy behaviors, personal responsibility, and safe relationships**
2. **Develop key strategies to help student athletes build respectful, non-violent relationships**
3. **Model positive language and behavior to young athletes**
4. **Recognize the warning signs and respond appropriately to abusive, aggressive, and/or violent patterns within student athletes**
5. **Identify resources, organizations, and people that student athletes can turn to for help in a dating abuse situation**

\*Accommodations can be made to best suit the availability of your school and ensure the material you feel most important will be presented.

**ALL SERVICES AND EDUCATIONAL OPPORTUNITIES PROVIDED BY LAUREL HOUSE ARE FREE OF CHARGE.**

For scheduling, or any questions/concerns, please contact Lydia Lynes.

Thank you for your dedication to help end dating abuse and domestic violence!

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